

## **Course: “ Conscious Business Leadership Principles and Practices”**

When times are tough, we are tempted to avoid or resist change. Yet if we consciously welcome transition and know how to harness its power, we can use this transformative energy to our best advantage. Similarly, businesses too can awaken and become conscious entities, recognizing themselves as living organisms within an interconnected ecosystem.

In this course, we will explore both individual and collective dimensions of conscious leadership principles and practices, using a combination of lecture, case study analysis, visualization, contemplation and audio/visual teaching methods. You will learn to express your unique values-based leadership style and develop the necessary tools and techniques to cultivate transformational leadership skills within yourself and your organization.

This course is for those who are wondering how to remain flexible in challenging economic times and yet take advantage of the opportunities that change brings for themselves and their organizations.

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Wednesdays  
March 3-31  
7:00 – 9:00PM  
CIIS (location TBA)  
San Francisco, CA  
\$250 full series  
\$60 per evening class